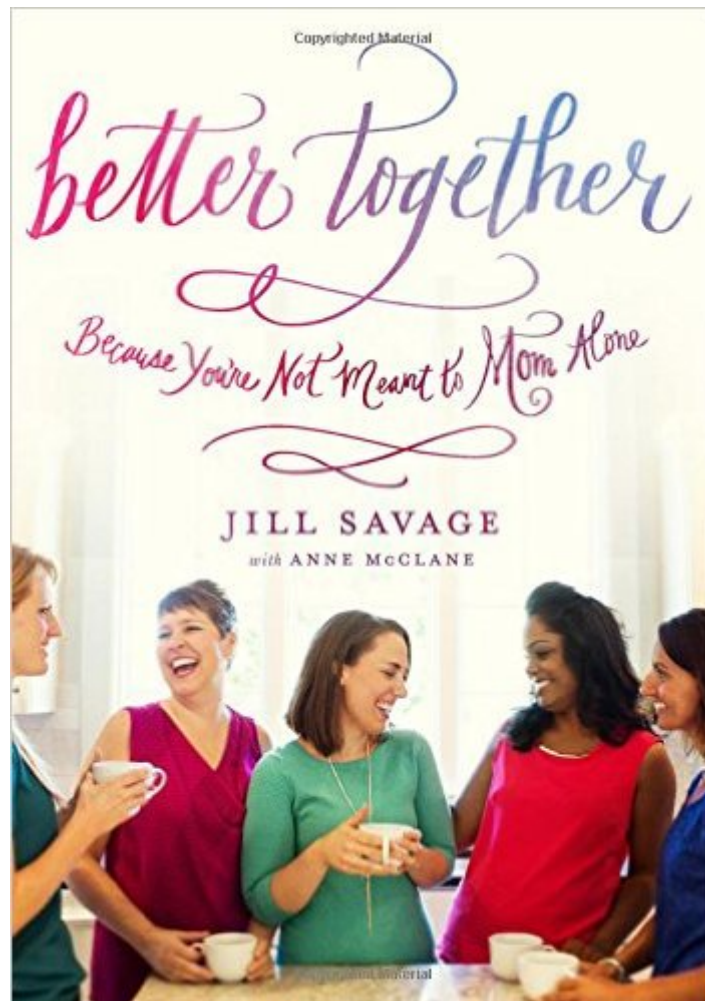


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# Better Together: Because You're Not Meant To Mom Alone



## Synopsis

Being a mom is hard, but it doesn't have to be lonely. Are you trying to do this mothering thing alone? So focused on the kids that you're hungry for friendships of your own? Have great friendships that you want to make even better? Jill Savage, mother of five, knows those challenges well, and she's here to help. Presenting a compelling vision of motherhood as a group effort among friends, *Better Together* shows how you can: Combat isolation and enjoy a supportive mothering community Increase your social confidence and stop the comparison game Deepen your friendships as you share life with others Strengthen trust and build friendships without fear Increase your joy and thrive as a mom All these things are possible. Dive into this storehouse of creative ideas for how to make mothering easier, richer, and more fun than you ever imagined!

## Book Information

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## Customer Reviews

As I age, I'm no longer satisfied at just looking at my issues. I want to know why I have issues (one of my issues is depression). I was allowed to preview a new book by Jill Savage about friendship (the name of the book is "Better Together"), and I've really enjoyed it. I've read a lot of books on marriage and parenting in the past five years, but this is the first book that I can remember reading about friendship in as long as I can remember. It has lots of helpful advice on what is normal in friendships and how to be a better friend, but the part I really liked was the challenges at the end of each chapter. One challenge was to write a handwritten note to a friend. My letter ended up arriving same day that my friend was preparing to attend a funeral for her loved

one, and it really meant a lot to her. I love it when God uses us to minister to others, especially when we have no idea how perfect the timing is. The past few weeks when I've read this book, I've felt lighter and less burdened. I can't help but wonder if reaching out to other women isn't a big way of combating my blues. It kind of makes sense if one of the greatest commandments that Jesus leaves us with is to love others (see Matt. 22:39). God only asks us to do what works out best for us in the end (even if it's not easy). It's funny that showing love actually made me feel loved. I know it made my friend feel loved too. Sometimes I just need a different perspective to look at what's underneath it all. That's what I felt like this book provided for me.

I can't express just how much I enjoyed this book. On almost every chapter, I found myself nodding along and being able to relate to so many of the concepts and personal stories shared by the authors. I have several handwritten pages of quotes from this book. It's that good. As a mom who has benefited from momming • together now and in the past, I can attest to the concept that sharing difficulties and struggles can be so helpful to not only to myself, but to the other moms too. The book encourages moms to be more real with each other and more understanding of our backgrounds, experiences, and differences. There are then seven chapters that detail how we can • together: learning, helping, caring, sharing, praying, forgiving, and encouraging. The book also features the following helpful appendices: conversation starters, mothering personality inventory, mom co-ops, and 33 Bible verses to share with a friend going through a hard time. I found the mothering personality inventory to quite interesting and helpful to understanding why I act in the ways that I do. I also gathered at least two ideas for starting a mom co-op. Finally, the book has a small leader guide in the back that has discussion questions about each chapter. This was an inspiring book and one I can't wait to share with my friends. I'd recommend you also read it no matter what stage of mommyhood you're in. After all, Mrs. Savage said it best when she said "You're not alone." • Surround yourself with other moms who can help and encourage you. I was provided a copy of this book for review purposes. I was not required to provide a positive review. All opinions are my own.

"Better Together: Because You Aren't Meant to Mom Alone" by Jill Savage with her daughter Anne McClane is a new 256-page book for moms that prompted me to appreciate the community of people in my life. The book offers practical, encouraging insights to why having a tribe of moms to share life with is healthy and helpful. "Better Together" is the kind of book every new

mom should have and one that helps those of us who have been here awhile too. There are ideas for co-ops, encouragement if you're facing hard times in friendship, an informative Mothering Personality Inventory that may explain some of why you mother the way you do, and Biblical truths of what friendship matters in our everyday life and our faith journeys. Being a mom is hard, but motherhood doesn't have to be lonely. That theme is woven throughout the book. Themes of embracing imperfection, facing fears, showing and receiving grace, and choosing joy are also found among the pages.

Better Together is a fantastic book discussing the different types of friendships. Jill and Anne give great advice on how to enhance your friendships, and make new friends as well. The book is encouraging and uplifting, and an easy read. I read this as part of a book study with 5 other women and it provided for great discussion as well. We didn't all know each other before the book club and we were able to connect and share and all really enjoyed the study and time together. This book provided the groundwork for that.

Friends | What good are they? I like to have friends but often they've only led to disappointment. Then, I look in the friendship mirror and see how I've let so many of my friends down. Then, God reminds me that I do have friends who have forgiven me for my less-than-perfect ways. I am blessed to have a small group of friends that don't turn their back on me regardless of my bad days. I came across the Better Together: Because You're Not Meant to Mom Alone and thought I need to learn how to be a better friend! I also have a hard time accepting help from others, so the book helped me see the importance of being on the receiving side of giving. If you struggle receiving help from friends, you likely struggle receiving help from God. Jill Savage The book had in it more than I expected! My favorite part is the section Mothering Personality Inventory, which helps you determine if you are an introvert or extrovert and how to use that knowledge in your parenting, as well as understand how other moms work depending on their personality. I love it! By the way, I'm not weird. I'm just an introvert all the way! Also included in the book is some perspective on friendship in the midst of parenting. I've learned how I can be a better friend through learning, caring, sharing, praying, forgiving and encouraging together with fellow moms who are in my friend circle. (I can even make a few new friends with the conversation starters in the book.)

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